

COVID-19 WEEKLY NEWSLETTER

MARY HEALTH OF THE SICK
CONVALESCENT HOSPITAL



SPECIAL EDITION NEWSLETTER

BY: SHIDEH AFSHAR, ADMINISTRATOR

Dear Extended Mary Health Family,

Greetings and blessings! Unbelievably, it has now been one full year since the Covid 19 pandemic was first declared.

The daily lives of everyone, including our Mary Health team members and our Residents in our care, were instantly turned upside down, but hope prevails.

While the past year at Mary Health has been filled with ceaseless planning and coordination, procurement, pivoting and prayers, I want to take this moment to share our remarkable journey with you and what we have done to be thoughtful stewards of resources and talents to keep your loved one safe.

MARY HEALTH'S ANNUAL
VIRTUAL
SPRING LUNCHEON
COMING UP!!!
VISIT:

WWW.MARYHEALTH.COM





HEALTH & SAFETY

- Strict health safeguards implemented organization-wide to protect our residents, staff, vendors and visitors.
- Thorough safety education and training for all team members.
- Augmentation and ongoing management of critical PPE inventory and cleaning and sanitization supplies
- Strategic advance planning to effectively handle quarantine & isolation cases
- Heightened screening, testing and monitoring of our residents and our many team members
- Ongoing coordination with Ventura County Public Health and various medical professionals
- Convenient on site vaccinations for our residents and team members.

COVID 19 A YEAR OF HUGE SACRIFICE

Although 2020 ushered in a year filled with unrest, anxiety and sickness you should know that **our dedicated Mary Health team members demonstrated resilience and unbroken commitment to our residents and to each other.**

The journey has been *mentally, emotionally and physically draining*. We have worried constantly about our dear residents and have done-and continue to do- our very best to maintain connections and engagement to fill the voids of loneliness and isolation that the COVID 19 mandates brought to our door.



EXTRAORDINARY PLANNING AND EXPENSES INCURRED TO PROTECT EXTRAORDINARY PEOPLE....

To keep Mary Health of the Sick a safe home and work environment as possible, we allocated without reservation significant resources in terms of both money and talent since March 2020:

- Almost \$50,000 spent to date uniquely for vital PPE, masks, faceshields, gowns, hand sanitizer and approved and needed additional cleaning and disinfection supplies.
- Assignment of dedicated Infection Prevention aides to continuously cycle through and clean and disinfect all high touch surface areas (door knobs, handrails, phones, nurse stations, light switches etc.) in addition to regular cleaning.
- Despite obvious loss of revenue each month, we intentionally kept all our staff on board to prioritize care for residents. We have even provided free lunch meals to our employees in order to avoid employees going out to the community for lunch and run the risk of getting exposed and coming back to the building.
- **More than ever, we welcome prayers and financial donations so that we may continue delivering our mission of care and compassion with the highest integrity. (online donation at <https://maryhealth.com/donate> or by check to: Development Office 2929 Theresa Drive, Newbury Park, CA 91320)**
- Our many residents and staff have received the full round of vaccine doses and we welcome a healthy path forward in 2021!

